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**FOR IMMEDIATE RELEASE**

**CONTACT:**

Tom Houck  
703-509-3728  
tomh@topofthepodium.org

## **TOP OF THE PODIUM ANNOUNCES OPEN HOUSE FOR “FIRST-OF-ITS-KIND” FACILITY IN STERLING**

Sterling, VA—Top of the Podium, Inc. will hold an Open House for its first “TOP 24/7” center at 22135 Davis Drive, #105 in Sterling. The Open House will be held from 1-4 pm on August 5 and 10-4 pm on August 6.

TOP 24/7 is a new concept allowing wrestlers and athletes to train 24 hours a day, 365 days per year in a fully stocked wrestling facility. In addition to mats, TOP 24/7 features abundant natural light and a plethora of equipment, including bikes, PowerMax 360 machine, climbing and battle ropes, truck tires, jump roping station featuring Rx ropes, Dopamineo bands, takedown machine, throwing dummies, medicine balls, gladiator wall, punching bags, universal weight machine, pullup and dip bars, peg boards, and more.

Tom Houck, President of Top of the Podium, states, “This is an innovative concept, and we’re thrilled to open the first one in Sterling. Local wrestlers can now train and get better whenever they want.” Custom designed circuit workouts are posted in the building for athletes to improve strength, conditioning, and flexibility. The facility also features signed photos, posters and memorabilia from America’s top wrestlers.

TOP 24/7 is a private club, offering Unlimited and Gold memberships at the Sterling facility. A second location is set to open in September in Fredericksburg, VA as TOP begins expanding around the country.

Top of the Podium is a 501(c)3 nonprofit organization dedicated to growing and improving amateur wrestling. TOP offers leagues and programs in the Washington metro area, assists other organizations through licensing and consulting agreements, and manages the first TOP 24/7 facility in Sterling, VA.

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**22135 Davis Drive, #105 Sterling, VA 20164**  
**[www.topofthepodium.org](http://www.topofthepodium.org)**