



## WEIGHT CLASSES

### Elementary (1-6)

50  
55  
60  
63  
66  
70  
75  
80  
85  
92  
99  
UNL (flex\*)

### Middle School (6-8)

75  
81  
87  
93  
100  
107  
115  
124  
135  
147  
161 (flex)  
UNL (flex\*)

### Notes

1. A Flex weight can be forfeited by a team without consequences (i.e., no team points are lost). At Unlimited, unless agreed by the coaches/parents, the weight differential should not be more than 10 percent.
2. If a weight class isn't wrestled, the coaches can agree to replace these bouts with exhibitions or official bouts. However, no more than 12 total bouts may be conducted.
3. To reduce forfeits, two wrestlers per team can "double up" by competing in two consecutive weight classes (the second match should not be back-to-back). However, the wrestler can only earn team points in one match. (the only exception to this is in the final dual championships of the Rising Stars division in March).
4. 6<sup>th</sup> graders can not be born before 9/1/06 and cannot wrestle 3rd graders or younger unless the opponent's parent and coach approves of the match. If the match is not approved, it will **not** count as a forfeit against you. Plus, you can try to arrange a substitute bout (either official or exhibition)